


## 30<sup>th</sup> International Swim Cup 2026 - RULES

1. The "Cercle Nautique de la Commune de Pétange" will organise for the 30th time on **June 28th 2026** its friendly and international meeting "International Swim Cup". The swimming events will be organised in accordance with FLNS and world aquatics rules and will be open to all associations.
2. The competitions will take place in the swimming pool of the "Campus Geesseknaeppchen" (31, boulevard Pierre Dupong; L-1430 Luxembourg). 50 m pool, 8 lanes, electronic timing. Wearing a swimming cap is compulsory. In case of too many entries, the club reserves the right to increase the number of lanes to 10.
3. The competitions are open to all swimmers who are licensed with their national federation. Swimmers will be classified according to categories:

Age categories valid from January 1<sup>st</sup>, 2026

| girls       |                    | boys        |                      |
|-------------|--------------------|-------------|----------------------|
| 2010 +      | 16 years and older | 2009 +      | 17 years and older   |
| 2011 - 2012 | 14 - 15 years      | 2010 – 2011 | 15 - 16 years        |
| 2013– 2014  | 12 - 13 years      | 2012 – 2013 | 13 – 14 years        |
| 2015        | 11 years           | 2014        | 12 years             |
| 2016        | 10 years           | 2015        | 11 years             |
| 2017 -      | 9 years an younger | 2016 -      | 10 years and younger |

4. The heats will be composed according to the best times, regardless of age category.
5. All management of the meeting will be done in the SPLASH system. Clubs are invited to use the "Lenex" files.
6. If the number of registrations exceeds the time frame, the organizer reserves the right to cancel a selection of registrations. In this case, or in the event of a change in the schedule, the affected clubs will be notified as soon as possible.
7. Entry forms should be sent no later than Friday June 19, 2026, by email in the "LENEX" format to the attention of: [christian.noel@cnp.lu](mailto:christian.noel@cnp.lu)

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8. All registrations must be submitted no later than Friday, June 19th, 2026. After this deadline, no further new entries will be accepted. Only withdrawals will still be considered, and only until Thursday, June 25th, 2026. All entries submitted on June 19th, 2026 will be fully invoiced, regardless of any later withdrawal. Each club will receive an individual invoice based on the entries received by the deadline.
9. As no meeting can take place without a jury, we ask the clubs to encourage the jury members to participate. Each club must provide jury members. The jury will meet 45 minutes before the start of the session at the official office.
10. Medals will be awarded to the first three in each category and race.
11. Cups will be awarded to the first 3 clubs, according to the points received and the places achieved in the different age categories, according to the following scale
- |              |             |             |             |
|--------------|-------------|-------------|-------------|
| 1. 12 points | 4. 7 points | 7. 4 points | 10. 1 point |
| 2. 10 points | 5. 6 points | 8. 3 points |             |
| 3. 8 points  | 6. 5 points | 9. 2 points |             |
12. Any other points not covered by these rules, world aquatics rules or FLNS rules, shall be decided by the organizer.
13. A meal will be offered at the price of 13€. Order forms must be filled in by Friday, June 19, 2026 at the latest.
- [Order lunch here!](#)
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14. By registering, you agree that photos taken during the event may be published on our website and/or social media.
15. The total number of starts is **limited to 1500**. If this limit is exceeded, the registered clubs will be requested to reduce the number of their entries accordingly. The organizer reserves the right to determine the reduction procedure and to contact the affected clubs directly.

## Programs

### SESSION 1

**Warm up: 8:00am – Start: 8:45am**

Race 1: 200 m breaststroke boys  
Race 2: 200 m breaststroke girls  
Race 3: 100 m butterfly boys  
Race 4: 100 m butterfly girls  
Break 15min  
Race 5: 200 m backstroke boys  
Race 6: 200 m backstroke girls  
Race 7: 100 m freestyle boys  
Race 8: 100 m freestyle girls  
Break 15 min  
Race 9: 50m breaststroke boys  
Race 10: 50m breaststroke girls  
Race 11: 50m backstroke boys  
Race 12: 50m backstroke girls

### SESSION 2

**Warm up : 13.15 pm - Start: 14.00 pm**

Race 13: 200 m freestyle boys  
Race 14: 200 m freestyle girls  
Race 15: 100 m backstroke boys  
Race 16: 100 m backstroke girls  
Break 15min  
Race 17: 200 m medley boys  
Race 18: 200 m medley girls  
Race 19: 100 m breaststroke boys  
Race 20: 100 m breaststroke girls  
Break 15min  
Race 21: 50 m butterfly boy  
Race 22: 50 m butterfly girls  
Race 23: 50m freestyle boys  
Race 24: 50 m freestyle girls

*End of the program with the  
presentation cups to the clubs*