

29th International Swim Cup 2025 - RULES

1. The "Cercle Nautique de la Commune de Pétange" will organise for the 29th time on June 15th 2025 its friendly and international meeting "International Swim Cup". The swimming events will be organised in accordance with FLNS and world aquatics rules and will be open to all associations.
2. The competitions will take place in the swimming pool of the "Campus Geesseknaeppchen" (31, boulevard Pierre Dupong; L-1430 Luxembourg). 50 m pool, 8 lanes, electronic timing. Wearing a swimming cap is compulsory. In case of too many entries, the club reserves the right to increase the number of lanes to 10.
3. The competitions are open to all swimmers who are licensed with their national federation. Swimmers will be classified according to categories:

Age categories valid from January 1st, 2025

girls		boys	
2009 +	16 years and older	2008 +	17 years and older
2010 - 2011	14 - 15 years	2009 – 2010	15 - 16 years
2012 – 2013	12 - 13 years	2011 – 2012	13 – 14 years
2014	11 years	2013	12 years
2015	10 years	2014	11 years
2016 -	9 years and younger	2015 -	10 years and younger

4. The heats will be composed according to the best times, regardless of age category.
5. All management of the meeting will be done in the SPLASH system. Clubs are invited to use the "Lenex" files.
6. If the number of registrations exceeds the time frame, the organizer reserves the right to cancel a selection of registrations. In this case, or in the event of a change in the schedule, the affected clubs will be notified as soon as possible.
7. Entry forms should be sent no later than Friday June 6, 2025, by email in the "LENEX" format to the attention of: christian.noel@cnp.lu

8. The entry fees are fixed at 6 € per individual start. They are to be paid to following bank account: (BIC-Code: BCEELULL) IBAN: LU80 0019 6600 0793 6000 by June 6, 2025 at the latest, with the mention "29th ISC 2025".

Non-resident clubs have the possibility to pay their entries on the day of the meeting at the central cash desk, before the start of the competition.

Swimmers from clubs that have not paid their entry fees will not be allowed to start.

9. As no meeting can take place without a jury, we ask the clubs to encourage the jury members to participate. Each club must provide jury members. The jury will meet 45 minutes before the start of the session at the official office.

10. Medals will be awarded to the first three in each category and race.

11. Cups will be awarded to the first 3 clubs, according to the points received and the places achieved in the different age categories, according to the following scale

1. 12 points	4. 7 points	7. 4 points	10. 1 point
2. 10 points	5. 6 points	8. 3 points	
3. 8 points	6. 5 points	9. 2 points	

12. Any other points not covered by these rules, world aquatics rules or FLNS rules, shall be decided by the organizer.

13. A meal will be offered at the price of 13€. Reservations for the meals should be sent by email until Friday June 6, 2025 at the latest to: christian.noel@cnp.lu

14. By registering, you agree that photos taken during the event may be published on our website and/or social media.

Programs

SESSION 1

**Warm up: 8:00am – Start:
8:45am**

Race 1: 200 m breaststroke boys
Race 2: 200 m breaststroke girls
Race 3: 100 m butterfly boys
Race 4: 100 m butterfly girls
Break 15min
Race 5: 200 m backstroke boys
Race 6: 200 m backstroke girls
Race 7: 100 m freestyle boys
Race 8: 100 m freestyle girls
Break 15 min
Race 9: 50m breaststroke boys
Race 10: 50m breaststroke girls
Race 11: 50m backstroke boys
Race 12: 50m backstroke girls

SESSION 2

Warm up : 13.15 pm - Start: 14.00 pm

Race 13: 200 m freestyle boys
Race 14: 200 m freestyle girls
Race 15: 100 m backstroke boys
Race 16: 100 m backstroke girls
Break 15min
Race 17: 200 m medley boys
Race 18: 200 m medley girls
Race 19: 100 m breaststroke boys
Race 20: 100 m breaststroke girls
Break 15min
Race 21: 50 m butterfly boy
Race 22: 50 m butterfly girls
Race 23: 50m freestyle boys
Race 24: 50 m freestyle girls

*End of the program with the
presentation cups to the clubs*